

Chloe's Kitchen: 125 Easy, Delicious Recipes for Making the Food You Love the Vegan Way

By *Chloe Coscarelli*

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Enter Chloe's Kitchen for delicious vegan recipes everyone will love.


Chloe Coscarelli, the first-ever vegan chef to win Food Network's hit show *Cupcake Wars*, brings her trademark energy to this fun and healthy cookbook, including animal-free reinterpretations of 125 of America's favorite foods.

Whether you're newly transitioning to veganism, a long-time vegetarian looking for some new ideas, or a busy mom introducing Meatless Mondays to her family, you'll find quick and easy recipes that will convert even the most reluctant to the delicious rewards of a plant-based diet.

Chef Chloe's first-ever cookbook, illustrated throughout with gorgeous full-color photos of the mouthwatering dishes, offers helpful advice on how to set up your own kitchen for stress-free, healthful eating, as well as nutritional information, with support from the foreword by well-known physician Neal D. Barnard, M.D.

Foodies of all stripes will revel in the huge array of incredibly appetizing, inventive recipes, all made with easily available ingredients, from savory starters to decadent desserts. Her comforting macaroni and cheese, creamy Fettuccine Alfredo, crave-inducing sliders and fries, and adaptations of the most popular Chinese, Indian, and Mexican dishes will win over carnivores, omnivores, vegetarians, and vegans alike.

With Chef Chloe, eating vegan doesn't mean giving up your favorite treats and flavors. Those with food allergies will appreciate the instructions throughout for making these meat-, egg-, and dairy-free recipes without gluten and soy, so everyone can enjoy them. And the icing on the (cup)cake is her renowned, coveted desserts—including the first publication of the recipes for her *Cupcake Wars*—winning vegan cupcakes—the ultimate indulgence without busting your belt.

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Editorial Review

About the Author

Chloe Coscarelli recently took home first place in the Food Network's *Cupcake Wars*, making her the first vegan ever to win on a Food Network competition. Chloe is a graduate of the Natural Gourmet Institute of Health and Culinary Arts NYC and the University of California, Berkeley. She has also completed Cornell University's Plant-Based Nutrition program based on Dr. T. Colin Campbell's The China Study. She lives in Los Angeles.

Neal Barnard, M.D., is a clinical researcher, author, and health advocate. He has been the principal investigator or coinvestigator on several clinical trials investigating the effects of diet on health. He is the author of dozens of publications in scientific and medical journals as well as numerous nutrition books for lay readers and is frequently called on by news programs to discuss issues related to nutrition, research issues, and other controversial areas in modern medicine.

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