



Food Matters: A Bedford Spotlight Reader

By Holly Bauer



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Food Matters explores central questions around the seemingly simple topic of food: what is food, exactly? Do we eat for sustenance, for health, for pleasure? Where does our food come from, and why should we care? What does it mean to eat ethically? Readings by a range of essayists, scientists, health researchers, philosophers, reporters, artists, and ordinary citizens take up these questions and more. Questions after each reading provide a range of activities for students. The Web site for the Spotlight Series offers comprehensive instructor support with sample syllabi and additional teaching resources.

The Bedford Spotlight Reader Series is an exciting new line of single-theme readers, each featuring Bedford's trademark care and quality. The readers in the series collect carefully chosen readings sufficient for an entire writing course—about 30 selections—to allow instructors to provide carefully developed, high-quality instruction at an affordable price. Bedford Spotlight Readers are designed to help students make inquiries from multiple perspectives, opening up topics such as money, food, sustainability, and gender to critical analysis. The readers are flexibly arranged in thematic chapters, each focusing in depth on a different facet of the central topic. An Editorial Board of more than dozen compositionists at schools focusing on specific themes have assisted in the development of the series.

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Editorial Review

About the Author

Holly Bauer (PhD University of California, San Diego) worked as a journalist before she began teaching college composition. Currently, she teaches academic writing at the University of California, San Diego and serves as the assistant director of UCSD's Warren College Writing Program. She has taught writing for more than 20 years at various segments of public education in California, including high school, community college, and state university institutions. She is long-time teaching consultant for the San Diego Area Writing Project and is involved in several programs aimed at fostering meaningful cross-institutional partnerships with high school, community college, and university writing instructors. Her academic essays have been published in *South Atlantic Quarterly* and *Writing on the Edge*, and she is a frequent presenter at professional conferences."

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