



# Health, Safety, and Nutrition for the Young Child, 9th Edition

By Lynn R Marotz

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HEALTH, SAFETY, AND NUTRITION FOR THE YOUNG CHILD, 9th Edition, covers contemporary health, safety, and nutrition needs of infant through school-age children--and guides teachers in implementing effective classroom practices--in one comprehensive, full-color volume. Concepts are backed by the latest research findings and linked to NAEYC standards. The book emphasizes the importance of respecting and partnering with families to help children establish healthy lifestyles and achieve their learning potential. Early childhood educators, professionals, and families will find the latest research and information on many topics of significant concern, including food safety, emergency and disaster preparedness, childhood obesity, children's mental health, bullying, resilience, chronic and acute health conditions, environmental quality, and children with special medical needs. Also provided are easy-to-access checklists, guidelines, and activities that no early childhood student or professional should be without.

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### **Editorial Review**

#### Review

"We have used this text for many years. Students like the readability and it meets the needs of our objectives for the course. It is the best health, safety, and nutrition textbook that I have found for early childhood students."

"This is the must-have text. Others are adequate, but do not substantially cover all elements needed for this course."

#### About the Author

Lynn R. Marotz, R.N., professor emerita, was a member of the Department of Applied Behavioral Science faculty, University of Kansas, for over thirty-five years and also served as the Associate Director of the Child Development Center. She taught large undergraduate and graduate courses in parenting, children's health, safety and nutrition, history and philosophy of early childhood education, and leadership and administration. She worked closely with students in the Early Childhood teacher education program and the families of children enrolled in the Child Development Center. Professor Marotz has authored numerous invited book chapters in national and international publications about children's health and nutrition, legal issues, and environmental safety. She is also the author of **HEALTH, SAFETY, AND NUTRITION FOR THE YOUNG CHILD, DEVELOPMENTAL PROFILES: BIRTH THROUGH ADOLESCENCE, MOTIVATIONAL LEADERSHIP**, and **BY THE AGES: BEHAVIOR AND DEVELOPMENT OF CHILDREN PRE-BIRTH THROUGH EIGHT**. She has been interviewed for numerous articles about children's health and nutrition and parenting that have appeared in national trade magazines, has served as a consultant for children's museums and training film productions, has presented extensively at international, national, and state conferences, and continues to hold appointments on national, state, and local committees and initiatives that advocate on behalf of children and their families.

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