



How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives)

By John Perkins, Al Ridenhour, Matt Kovsky

Download now

Read Online →

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives)

By John Perkins, Al Ridenhour, Matt Kovsky

Guided Chaos is an advanced, esoteric and adaptive self-defense system invented by former forensic crime scene expert John Perkins in 1978. It is completely unique, stunningly effective and takes many years to master. However, not everyone has that kind of time...and violent criminals aren't going to wait. The average person needs street and battle-tested methods that can be learned and mastered quickly. That's where Guided Chaos COMBATIVES (GCC) comes in. GCC is the first part of Guided Chaos and is remarkably simple. It is a self-contained system comprised of basic World War II-era strikes and strategies that were designed to be taught to our troops in mere hours before shipping out for jungle warfare in the Pacific against the Japanese, who were all presumed to be karate and judo experts. John Perkins, who is a certified Grandmaster in Combat Martial Arts under the International Combat Martial Arts Federation, has modified and improved these techniques by imbuing them with some of the far more advanced motion principles of Guided Chaos, the most important of which being Dropping Energy, a way of delivering powerful strikes without winding up or chambering. It also improves dynamic balance, which is essential for survival when fighting for your life. GCC is extremely easy to learn and practice on your own and can be mastered in mere weeks with diligent practice. "How to Fight for Your Life" contains principles, photos, diagrams, checklists, strategies and training regimens found nowhere else and designed to quickly maximize your ability to survive criminal violence.

↓ [Download How to Fight for Your Life: Enhanced Reality-Based ...pdf](#)

📄 [Read Online How to Fight for Your Life: Enhanced Reality-Bas ...pdf](#)

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives)

By John Perkins, Al Ridenhour, Matt Kovsky

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky

Guided Chaos is an advanced, esoteric and adaptive self-defense system invented by former forensic crime scene expert John Perkins in 1978. It is completely unique, stunningly effective and takes many years to master. However, not everyone has that kind of time...and violent criminals aren't going to wait. The average person needs street and battle-tested methods that can be learned and mastered quickly. That's where Guided Chaos COMBATIVES (GCC) comes in. GCC is the first part of Guided Chaos and is remarkably simple. It is a self-contained system comprised of basic World War II-era strikes and strategies that were designed to be taught to our troops in mere hours before shipping out for jungle warfare in the Pacific against the Japanese, who were all presumed to be karate and judo experts. John Perkins, who is a certified Grandmaster in Combat Martial Arts under the International Combat Martial Arts Federation, has modified and improved these techniques by imbuing them with some of the far more advanced motion principles of Guided Chaos, the most important of which being Dropping Energy, a way of delivering powerful strikes without winding up or chambering. It also improves dynamic balance, which is essential for survival when fighting for your life. GCC is extremely easy to learn and practice on your own and can be mastered in mere weeks with diligent practice. "How to Fight for Your Life" contains principles, photos, diagrams, checklists, strategies and training regimens found nowhere else and designed to quickly maximize your ability to survive criminal violence.

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky

Bibliography

- Sales Rank: #149513 in Books
- Published on: 2010-07-08
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .30" w x 6.00" l, .40 pounds
- Binding: Paperback
- 130 pages

 [Download How to Fight for Your Life: Enhanced Reality-Based ...pdf](#)

 [Read Online How to Fight for Your Life: Enhanced Reality-Bas ...pdf](#)

Download and Read Free Online How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky

Editorial Review

About the Author

* Former Yonkers, NY Detective. * Forensic crime scene reconstruction expert interpreting blood spatter patterns of horrific homicides; analyzing dynamics of how people fought and died. * Police veteran of over 100 documented brutal arrests of extremely violent criminals, where people ended up in the hospital or morgue. * Engaged in unlicensed Pit-fighting on the docks of Newark and New Orleans pre-UFC (no rules except for don't kill the other guy). * One of the top Close Contact and Point Shooting instructors in the U.S. * Student of Thomas Loughnan "The fastest man in the world" with a CoIt 45 1911 semi-automatic. * Holds the rank of Grand Master in Combat Martial Arts under the International Combat Martial Arts Federation along with John McSweeney, Jeff Jarrett, Master Visitacion, and Col. Rex Applegate. * Bodyguard to Billionaire publisher Malcolm Forbes, Israeli Defense minister Moshe Dayan, EST founder Werner Erhard; trained bodyguards to Pope John Paul II. * Trained by his father from the age of 5 in World War II Close Quarters Combat and Native American Catch Wrestling; Combat Hapkido by Master Ik Jo Kang (instructor for the Korean ROK Army during the Vietnam War); Elephtheri Pali (Greek: "Ruthless Combat") by George Kaperonis and by Temple Trained Chicago Tai Chi Master Waysun Liao. * In 1978, Perkins created GUIDED CHAOS, a completely original system of self-defense that ADAPTS to violent attacks. * Author of best-selling self-defense books, used as training manuals for members of the U.S. Marines, U.S. Army, Royal Canadian Mounted Police, NYPD, the Guardian Angels Capetown South Africa chapter ("The most violent city in the world") and select Reality-based and kung fu schools around the globe.

Users Review

From reader reviews:

Eleanor Hayes:

Reading a book tends to be new life style within this era globalization. With studying you can get a lot of information that may give you benefit in your life. Along with book everyone in this world may share their idea. Books can also inspire a lot of people. Many author can inspire their very own reader with their story or their experience. Not only the storyline that share in the publications. But also they write about advantage about something that you need example of this. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that you can get now. The authors in this world always try to improve their skill in writing, they also doing some investigation before they write for their book. One of them is this How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives).

Ruth Mahan:

Reading can called mind hangout, why? Because if you are reading a book especially book entitled How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) your head will drift away trough every dimension, wandering in most aspect that maybe mysterious for but surely will become your mind friends. Imaging just about every word written in a guide then become one application form conclusion and explanation in which maybe you never get just

before. The How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) giving you an additional experience more than blown away your head but also giving you useful facts for your better life within this era. So now let us teach you the relaxing pattern this is your body and mind will be pleased when you are finished examining it, like winning a sport. Do you want to try this extraordinary spending spare time activity?

Edna Miller:

Are you kind of hectic person, only have 10 or maybe 15 minute in your day time to upgrading your mind expertise or thinking skill actually analytical thinking? Then you are having problem with the book compared to can satisfy your limited time to read it because all of this time you only find publication that need more time to be read. How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) can be your answer mainly because it can be read by anyone who have those short free time problems.

Cheryl Fisher:

What is your hobby? Have you heard which question when you got scholars? We believe that that concern was given by teacher for their students. Many kinds of hobby, All people has different hobby. And you know that little person like reading or as reading become their hobby. You must know that reading is very important as well as book as to be the point. Book is important thing to incorporate you knowledge, except your current teacher or lecturer. You get good news or update with regards to something by book. A substantial number of sorts of books that can you take to be your object. One of them are these claims How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives).

Download and Read Online How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky #XM5YG9NURIK

Read How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky for online ebook

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky books to read online.

Online How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky ebook PDF download

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky Doc

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky Mobipocket

How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky EPub

XM5YG9NURIK: How to Fight for Your Life: Enhanced Reality-Based Close Combat Training for Self-Defense and Street Survival (Guided Chaos Combatives) By John Perkins, Al Ridenhour, Matt Kovsky