



Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy)

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Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy) From The Guilford Press

A trusted, bestselling resource, this volume demonstrates a range of creative approaches for facilitating children's emotional reparation and recovery from trauma. Experts in play, art, music, movement, and drama therapy, as well as bibliotherapy, describe step-by-step strategies for working with children, families, and groups. Rich with case material and artwork, the book is both practical and user-friendly. Specific types of stressful experiences include parental loss, child abuse, family violence, bullying, and mass trauma. Important developments in neurobiology, self-regulation, and resilience and posttraumatic growth are highlighted in this substantial revision.

New to This Edition:

- *Chapters on art therapy and EMDR, body maps and dissociation, sandtray play, resiliency-based movement therapy, work with clay, mindfulness, and stress reduction with music therapy.
- *Updated and expanded discussions of trauma-informed therapy and the neurobiological basis for creative interventions.
- *The chapter on mass violence has been extensively rewritten with new case material on the Sandy Hook school shooting.

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- Sales Rank: #21312 in Books
- Published on: 2014-10-02
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x 1.00" w x 6.00" l, .0 pounds
- Binding: Hardcover
- 364 pages

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Editorial Review

Review

"Malchiodi and her colleagues understand the needs of traumatized children and how to respond to them. In this book of wide-ranging creative therapeutic interventions, contributors report on techniques grounded in the latest psychophysiological and developmental research. They describe expressive/experiential/body-based creative arts techniques that help traumatized children address and process the effects of their traumatic experiences. Among the many strengths of this book are its focus on flexibly adapting the various strategies to the specific needs and context of each child and its emphasis on strengths and resiliency."--Christine A. Courtois, PhD, ABPP, private practice, Washington, DC; past president, Division 56 (Trauma Psychology), American Psychological Association

"Another exceptional book from a highly regarded clinician, author, and speaker! Malchiodi has assembled a group of experts to present the beautifully written and illustrated second edition of this important volume. The book includes cutting-edge creative interventions and updated discussions of practice issues, research, and multicultural applications. Like the first edition, this comprehensive and highly accessible work contains a wealth of practical information and is a 'must read' for both professionals and students to guide their work with children."--Sue C. Bratton, PhD, LPC-S, RPT-S, Professor and Director, Center for Play Therapy, University of North Texas

"Malchiodi has once again delivered a volume that beautifully blends theory, science, and technique with clinically sound strategies for helping traumatized children. Whether your interest is art, play, sandtray, drama, music, or movement therapy, you will find valuable information and fresh clinical insights to inform your practice. Newer therapists will receive a solid grounding in a trauma-informed approach to expressive therapies, and seasoned therapists will find creative interventions to expand their clinical repertoires. This second edition is a welcome addition to the libraries of those who practice developmentally sensitive trauma work with children."--Paris Goodyear-Brown, LCSW, RPT-S, Nurture House, Franklin, Tennessee

"As understanding has increased of neurobiology and sensory processes in trauma, so has the need for practitioners to develop skills in the use of creative arts and expressive therapies for treatment. This well-written volume offers both breadth and depth, while providing flexible and developmentally friendly treatment approaches that are client-focused and driven by individual and family needs relating to trauma. Compelling case examples bring these approaches to life. I highly recommend this work to all practitioners who work with children and families living with trauma in its many forms. It's a wonderful book!"--Risë VanFleet, PhD, RPT-S, CDBC, President, Family Enhancement and Play Therapy Center, Boiling Springs, Pennsylvania

"The book has a rich collection of black-and-white sketches that are worth the price of the book on its own merit. They speak when words fail....The book has good reference information, organized by chapters." (on the first edition)

(Illness, Crisis and Loss 2010-01-01)

"I would recommend this well-researched and well-informed book to therapists working in schools with children of displaced, disenfranchised survivors of war and disaster and those working with families around

the world who are struggling to make sense of their traumatizing experiences....This book is packed with suggested activities for therapists to help restore the child's sense of safety and ability to function creatively and spontaneously." (on the first edition)

(*Child and Adolescent Mental Health* 2009-02-01)

"The book is well structured and each chapter offers the reader a deeper understanding of specific creative applications and useful interventions for working with traumatized children, families, and groups....I found Malchiodi's presentation of the neurobiological effects of trauma to be an exciting introduction to new ways of looking at trauma work with children. It serves as a foundation for the important and moving work described by the contributing authors and sets the tone for the book." (on the first edition)

(*Art Therapy* 2014-05-01)

About the Author

Cathy A. Malchiodi, PhD, ATR-BC, LPAT, LPCC, REAT, is an art therapist, creative arts therapist, and clinical mental health counselor who is a recognized authority on treatment of children, adults, and families. She has given more than 350 presentations on art therapy and has published numerous articles, chapters, and books, including *Understanding Children's Drawings*; *Handbook of Art Therapy, Second Edition*; and *Creative Arts and Play Therapy for Attachment Problems* (with David A. Crenshaw). A faculty member at Lesley University, Dr. Malchiodi is founder of the Trauma-Informed Practices and Expressive Arts Therapy Institute and President of Art Therapy Without Borders. She is the first person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC. She is coeditor (with David A. Crenshaw) of Guilford's new Creative Arts and Play Therapy series.

Users Review

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Fern Rodriquez:

The e-book untitled Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy) is the publication that recommended to you to see. You can see the quality of the guide content that will be shown to an individual. The language that article author use to explained their ideas are easily to understand. The article author was did a lot of exploration when write the book, to ensure the information that they share for your requirements is absolutely accurate. You also could get the e-book of Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy) from the publisher to make you a lot more enjoy free time.

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