



Curly Girl: The Handbook

By Michele Bender, Lorraine Massey, Deborah Chiel

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The *Curly Girl* manifesto is back, now completely revised, updated, and expanded by more than a third with all-new material. Created by curly hair evangelist Lorraine Massey—the go-to curl expert featured in *Allure*, *InStyle*, *Lucky*, *Seventeen*, and *The New York Times*; owner of the Devachan salons in New York; and creator of a multimillion-dollar line of all-natural Devachan products—*Curly Girl* is the surprising bible for the 65 percent of women with naturally curly or wavy hair and a desire to celebrate it.

Curly Girl is packed with unique and fail-proof hair-care methods, inspiration, and an empowering pro-curl attitude. It's all here: daily routines for Botticelli, fractal, and wavy curls; Lorraine's no-more-shampoo epiphany—handle your hair as gently as you do your best cashmere sweater; homemade lotions and potions.

New to this edition: an illustrated, step-by-step guide to trimming your own hair (Remember: It's not what you take off; it's what you leave on.); a section on the particular needs of wavy hair; Lorraine's Down-and-Dirty Curly Boy Routine; more fabulous 'dos for weddings and other special occasions; a chapter on multicultural hair written by an African American specialist at Devachan. Plus, updated information on green and chemical-free products, 20 new Q&A's, and a DVD with tutorials on caring for four different types of curls.

From now on, there's no such thing as a bad hair day.

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Editorial Review

From the Back Cover

Say no to shampoo, unplug the dryer, and find your inner curl

Celebrate the beauty of curls in a buoyant how-to, manifesto, and curly girl support group all in one.

Beginning with hair's true nature and underscored by Lorraine's Shampoo Epiphany - handle your hair as gently as you do your best cashmere sweater - it's all here: the care, the styling, the cuts, the dos, the tips, the products, the remedies, the attitude.

Tight coils and soft wavy tresses, African American curls and curly kids - this is what to do to look and feel your best.

Includes: Curly Cues and Quizzes, Daily Routines for Corkscrew, Botticelli, and Wavy Curls, Homemade Lotions & Potions, Q&A's for No More Bad Hair Days, Twelve-Step Recovery Program that will change your life, one shampoo at a time.

Plus: I Used to be Straight....And 22 Other Curly Girl Confessions

About the Author

Michele Bender is a freelance writer whose work has appeared in *Glamour*, *Cosmopolitan*, *The New York Times*, *Working Mother*, and *Health*, where she was a contributing editor. She lives in New York City.

Lorraine Massey channeled her passion for curly hair by founding a group of stylish salons in New York and California that drew curly girls from near and far. Today she cuts hair for charity and is at work on a new book.

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QUIZ: Are You a Curly Girl?

If spring is not just in the air, but in your hair, you might be a curly girl. Just take the following quiz, and find out if the *Curly Girl: The Handbook* holds the secrets to your future hair success.

1. Do you often wear your hair tied back in a ponytail?
2. Does your hair develop volume in humid, hot, or wet weather?
3. Does your hair make you feel out of control?
4. Do you find yourself crying after every haircut?
5. Look at old photographs and recall how you felt about your hair--and yourself--on the day the picture was

taken. Was there a strong correlation between your hair and your mood?

6. Do you almost always have a haze of frizz around your head?

7. Do you blow-dry your hair so often that its texture is as dry and brittle as a piece of melba toast?

8. Does your budget for products to straighten or relax your hair exceed your annual tax-deductible contributions to charity?

9. Do you live in fear of humidity, sweating, spontaneous sex, a shower with your lover--or any weather or activity that might unmask you as a curly girl?

10. Are you almost always unhappy with your hair?

11. Do you worry about your hair before any big occasion, like a wedding or an important business meeting?

If you answered yes to one or more questions, congratulations! You know who you are. You're a curly girl waiting to happen. Your hair is bristling with movement longing to break free, waves aching to curl, frizz begging for direction.

Users Review

From reader reviews:

Pamela Adair:

As people who live in typically the modest era should be up-date about what going on or info even knowledge to make these individuals keep up with the era and that is always change and make progress. Some of you maybe can update themselves by looking at books. It is a good choice in your case but the problems coming to anyone is you don't know what kind you should start with. This Curly Girl: The Handbook is our recommendation to help you keep up with the world. Why, because this book serves what you want and want in this era.

Rick Briones:

Your reading sixth sense will not betray you, why because this Curly Girl: The Handbook publication written by well-known writer we are excited for well how to make book that could be understand by anyone who also read the book. Written with good manner for you, leaking every ideas and composing skill only for eliminate your own personal hunger then you still doubt Curly Girl: The Handbook as good book not simply by the cover but also by content. This is one reserve that can break don't ascertain book by its include, so do you still needing yet another sixth sense to pick this particular!?! Oh come on your reading sixth sense already told you so why you have to listening to another sixth sense.

Evelyn Nay:

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Richard Diller:

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