



## Life & Love: Creating the Dream

By Lisa Messenger

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DO YOU WANT TO BE DELIRIOUSLY, UNAPOLOGETICALLY HAPPY? IS IT POSSIBLE TO BE CALM, CENTRED AND GROUNDED WHILST LIVING IN A BUSY CITY, RUNNING A BUSINESS AND JUGGLING GROWN-UP RESPONSIBILITIES?

In her previous book 'Daring & Disruptive', serial entrepreneur Lisa Messenger, editor-in-chief of The Collective magazine, shared the business lessons she learned after decades of success in multiple industries, including how to identify your true purpose, pinpoint your passions and visualise the work culture you want to exist in. But, Lisa admits that although her world now seems perfect on paper it hasn't always been this way. In 'Life & Love', she offers insights into the support system, strategies and relationships, which allow her to cope with the emotional rollercoaster of running a profitable, multi-platform start-up. Blending advice from mentors and role models, with lessons that she's learned the hard way, Lisa's personal journey is proof that no mistake is undoable, no relationship is unfixable and no failure is in vain if you have the right attitude and an abundance of gratitude.

This is a book about love, joy and happiness, community, authenticity and learning to sink into your femininity even when you're a ball-breaking businesswoman. Lisa's message is; you can be a traditionalist and a rebel, you can be a lover and a fighter, you can be vulnerable and invincible. Whether you're an entrepreneur, a lawyer, a mother, a wife, a student or a blend of all the above, this book will teach you how to wear your heart on your sleeve, embrace every side of yourself and still achieve more than you ever imagined!

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