



Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions

By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan

Download now

Read Online 

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan

A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general -- and the stages-of-change model in particular -- to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting-edge theory and research on the transtheoretical model to explain what works (and what doesn't work) at different stages of change. Rich clinical examples illustrate the "whats," "whys," and "how-tos" of using the stages-of-change model to inform treatment planning and intervention for individuals, groups, couples, and families.

New to This Edition

- *Reflects the ongoing development of the stages-of-change model and research advances over the past decade.
- *Chapter on stage-based brief interventions in health care, social service, and community settings.
- *Group treatment chapter has been significantly revised.
- *Expanded coverage of the change processes relevant to each stage.

See also *Group Treatment for Substance Abuse, Second Edition*, by Mary Marden Velasquez et al., a manual for a group-based approach grounded in the transtheoretical model.

 [Download Substance Abuse Treatment and the Stages of Change ...pdf](#)

 [Read Online Substance Abuse Treatment and the Stages of Chan ...pdf](#)

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions

By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan

A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general -- and the stages-of-change model in particular -- to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting-edge theory and research on the transtheoretical model to explain what works (and what doesn't work) at different stages of change. Rich clinical examples illustrate the "whats," "whys," and "how-tos" of using the stages-of-change model to inform treatment planning and intervention for individuals, groups, couples, and families.

New to This Edition

- *Reflects the ongoing development of the stages-of-change model and research advances over the past decade.
- *Chapter on stage-based brief interventions in health care, social service, and community settings.
- *Group treatment chapter has been significantly revised.
- *Expanded coverage of the change processes relevant to each stage.

See also *Group Treatment for Substance Abuse, Second Edition*, by Mary Marden Velasquez et al., a manual for a group-based approach grounded in the transtheoretical model.

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan **Bibliography**

- Sales Rank: #317396 in Books
- Published on: 2013-01-03
- Original language: English
- Number of items: 1
- Dimensions: 1.30" h x 6.20" w x 9.00" l, 1.35 pounds
- Binding: Hardcover
- 356 pages

 [Download Substance Abuse Treatment and the Stages of Change ...pdf](#)

 [Read Online Substance Abuse Treatment and the Stages of Chan ...pdf](#)

Download and Read Free Online Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan

Editorial Review

Review

"For over a decade, the stages-of-change model has created a paradigm shift in the conceptualization, design, and delivery of treatment services for substance use disorders. This updated volume reflects the ongoing evolution of the theoretical model and its ever-expanding clinical application. Particularly noteworthy is a completely revised chapter on group treatment and an intriguing new chapter on applications in health care and other settings. This book is both a valuable treatment guide for clinicians and an excellent classroom text for students."--Arnold M. Washton, PhD, Executive Director, Recovery Options, New York City and Princeton, New Jersey

"This is a unique volume produced by leading experts in the addiction field. It presents key concepts related to the process of change and shows how they can inform treatment. The book is straightforward and highly readable, with engaging clinical examples."--Marc Galanter, MD, Director, Division of Alcoholism and Drug Abuse, New York University School of Medicine

"The path toward successful resolution of substance use problems is not an easy one. This book offers up-to-date research and clinical information focusing on processes of change when working with individuals with problematic substance use. The roadmap to change offered in this book can be used by a wide range of clinicians. Updates in the second edition address the current needs of the field and add to the utility of the book for clinicians, students, and instructors."--Shulamith Lala Ashenberg Straussner, DSW, LCSW, Silver School of Social Work, New York University

"I have been using this text for four years in my Treatment Delivery course. The text describes in detail the stages encountered in making any significant lifestyle change, and helps students conceptualize and understand the process of recovery. Students get valuable insights into how to plan interventions that assist clients to move from each stage of change to the next."--E. Michael Bartlinski, LCSW-C, Adjunct Professor of Human Services, Anne Arundel Community College, Arnold, Maryland (on the first edition)

"A rock solid book. It deserves to be utilized in the best and most up-to-date addiction education programs." (*Journal of Teaching in the Addictions* 2013-01-09)

"A superb text that provides an excellent foundation for evidence-based practices for those clinicians who work in both administrative and clinical capacities with this challenging population." (*Clinical Social Work Journal* 2013-01-09)

"The transtheoretical model is enormously popular with practitioners and researchers in the addictions field....Readers now have an authoritative source on the clinical application of the transtheoretical model." (*Journal of Studies on Alcohol* 2013-01-09)

"More than just a 'how-to-do' manual—readers will find it to be more of a 'how to think' book....A useful,

practical, and well-written guide for both students and professionals involved in the treatment of alcohol and other drug problems. Therapists will appreciate the many clinical case studies presented throughout the text." (*Addiction* 2013-01-09)

"This book is unique in the field of chemical dependency assessment and treatment since it is the first comprehensive application of Prochaska and DiClemente's therapeutic stages-of-change model to problems of substance abuse and treatment....Recommended for any library collecting literature on substance abuse treatment for the use of upper-division undergraduates through faculty and professionals." (*Choice* 2002-01-03)

About the Author

Gerard J. Connors, PhD, is Senior Research Scientist and former Director of the University at Buffalo Research Institute on Addictions. His clinical research interests include treatment of substance use disorders, patient-treatment matching, early interventions with heavy drinkers, the role of the therapeutic alliance in addictions treatment, and treatment outcome evaluation. Dr. Connors has authored or coauthored over 100 articles, book chapters, and books in the area of alcoholism and addictive behaviors.

Carlo C. DiClemente, PhD, ABPP, is Professor of Psychology at the University of Maryland, Baltimore County (UMBC), and Director of the MDQuit tobacco resource center and the Center for Community Collaboration at UMBC. He is co-developer of the transtheoretical model of behavior change and is the author of numerous scientific publications on motivation and behavior change. His books include *Substance Abuse Treatment and the Stages of Change, Second Edition* (coauthored with Gerard J. Connors, Mary Marden Velasquez, and Dennis M. Donovan), *Addiction and Change: How Addictions Develop and Addicted People Recover*, and the self-help resource *Changing for Good*. Dr. DiClemente is a recipient of numerous awards, including, most recently, a Presidential Citation from the American Psychological Association and the Lifetime Achievement Award from the Addictive Behaviors Special Interest Group of the Association for Behavioral and Cognitive Therapies.

Mary Marden Velasquez, PhD, is the Director of the Health Behavior Research and Training (HBRT) Institute at the School of Social Work, University of Texas at Austin. For more than 20 years, Dr. Velasquez has developed and studied behavioral interventions in the areas of group therapy, integrated primary care, screening and brief interventions, fetal alcohol spectrum disorder, alcohol and other drug abuse, prenatal health, sexually transmitted disease and HIV prevention, and smoking cessation. With particular expertise in the use of evidence-based brief interventions in health care, substance abuse treatment, and criminal justice settings, she is the author of numerous publications on motivational interventions in high-risk settings. She is a member of the Motivational Interviewing Network of Trainers (MINT).

Dennis M. Donovan, PhD, is Director of the Alcohol and Drug Abuse Institute and Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington School of Medicine. He has over 200 publications, including five books, in the area of alcohol and drug dependence. He served as President of the Society of Psychologists in Addictive Behaviors and is a Fellow of Division 28 (Psychopharmacology and Substance Abuse) and Division 50 (Society of Addiction Psychology) of the American Psychological Association.

Users Review

From reader reviews:

Martina Joseph:

Can you one of the book lovers? If so, do you ever feeling doubt while you are in the book store? Try and pick one book that you find out the inside because don't determine book by its cover may doesn't work the following is difficult job because you are frightened that the inside maybe not while fantastic as in the outside appearance likes. Maybe you answer can be Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions why because the great cover that make you consider in regards to the content will not disappoint an individual. The inside or content is definitely fantastic as the outside or cover. Your reading 6th sense will directly make suggestions to pick up this book.

Joyce Greenberg:

Are you kind of hectic person, only have 10 as well as 15 minute in your time to upgrading your mind talent or thinking skill actually analytical thinking? Then you have problem with the book in comparison with can satisfy your short period of time to read it because pretty much everything time you only find publication that need more time to be study. Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions can be your answer mainly because it can be read by you actually who have those short extra time problems.

Hannah Norton:

Reading a book to become new life style in this yr; every people loves to examine a book. When you study a book you can get a great deal of benefit. When you read ebooks, you can improve your knowledge, mainly because book has a lot of information upon it. The information that you will get depend on what forms of book that you have read. If you wish to get information about your study, you can read education books, but if you act like you want to entertain yourself look for a fiction books, these us novel, comics, along with soon. The Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions will give you new experience in examining a book.

Peter Christensen:

A lot of book has printed but it is unique. You can get it by world wide web on social media. You can choose the most beneficial book for you, science, witty, novel, or whatever simply by searching from it. It is referred to as of book Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions. You can add your knowledge by it. Without leaving behind the printed book, it could add your knowledge and make you happier to read. It is most critical that, you must aware about guide. It can bring you from one place to other place.

Download and Read Online Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning

Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan #AVLY47WDEUB

Read Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan for online ebook

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan books to read online.

Online Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan ebook PDF download

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan Doc

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan Mobipocket

Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan EPub

AVLY47WDEUB: Substance Abuse Treatment and the Stages of Change, Second Edition: Selecting and Planning Interventions By Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan