



Essential Emeril: Favorite Recipes and Hard-Won Wisdom From My Life in the Kitchen

By Emeril Lagasse

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"Thinking back on all of the wonderful people I have learned from and the dishes I have made over the years, I knew that I had to get them all down in one place. This book is it."

- Emeril Lagasse

In his most personal cookbook yet, legendary chef Emeril Lagasse presents his favorite recipes, best-kept cooking secrets, and behind-the-scenes stories from his life in the kitchen.

Discover more than 130 iconic dishes - from Praline-Cayenne Bacon and Lemon-Garlic Crusted Cauliflower to Roasted Portuguese Pork Loin With Homemade Pimenta Moida and Emeril's famous Banana Cream Pie - each tested and perfected for today's home cook. More than just a recipe collection, *Essential Emeril* is a resource you'll turn back to again and again, packed with valuable tips, lessons on technique, and expert advice on everything from stocking your pantry to creating the perfect cheese board. Emeril remains at your elbow throughout, offering step-by-step photo tutorials to ensure flawless, flavorful results.

Anecdotes reveal the inspiration behind each recipe, with cameos from A-list names including Mario Batali, Roy Choi, and Nobu Matsuhira, alongside memories of family, friends, and early influences such as Julia Child and Charlie Trotter.

Gorgeously photographed and imbued with his signature warmth, *Essential Emeril* is an intimate portrait of the original top chef.

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Editorial Review

Review

Before there were Food Network icons and cultish produce, before farm-to-table was a philosophy and cake decorating became a competitive sport, there was Emeril Lagasse. *Associated Press*

At the heart of [*Essential Emeril*] is Emeril's mission to teach people to cook. He presents the recipes, techniques, and tools in a way that gives any cook the confidence to tackle [his recipes]...Even if you consider yourself a skilled cook in the kitchen, there is plenty to take away from this cookbook. *The Daily Meal*

This is a fitting summation of Lagasse's impressive career and his influence on American food culture. *Publishers Weekly*

Recipes are clear and concise with tons of tips and techniques, along with full-color photos...[*Essential Emeril*] is a novel of recipes along with storytelling in between. *Detroit Free Press*

[Emeril's] recipes *work*. Every time. No guess work, no substitutions necessary. And there's always a little something extra. These are not just simple recipes, there's always a small twist or addition. In other words, if you do what [Emeril] says, you will end up with delicious things to eat...[*Essential Emeril* is] a sweet meditation on his career, with essays about the late great Charlie Trotter, an ode to Roy Choi's tacos, and much more. *Epicurious*

[*Essential Emeril*] includes instructions on technique, a list of basic cookware for every kitchen, what to have in the pantry, and step-by-step photo tutorials, making it the perfect starter cookbook or gift for a more experienced home cook. *New Orleans Magazine*

Ever since he lied about his age in middle school so he could sign up for a cooking class, Emeril Lagasse has been collecting recipes. All 100 recipes in this book have stories - served with valuable tips, step-by-step tutorials, and a lifetime of lessons in technique. *Southern Living*

Lagasse's latest [cookbook] showcases his skill. Emeril fans will savor these delicious and iconic dishes. *Library Journal*

If you're a longtime fan of Emeril Lagasse -his food, his cookware, his restaurants, his television shows- the chef's new book, *Essential Emeril*, will be an essential addition to your library as well as great entry point into Emeril's user-friendly world of home cooking. *Glamour*

The delicious lessons and recipes of a lifetime, told side by side in the way only Emeril can. *Cooking Light*

Essential Emeril might have been titled "Emeril Is Essential." It's hard to remember a time when this larger-than-life chef, restaurateur, TV star and author wasn't a force in the food world. ...These are the recipes that defined Emeril's career, real cooking, not quickies or three-ingredient wonders...Big flavor, Emeril-style, is on its way.

?BookPage

Recipes [are] clearly and concisely written for the home cook...This cookbook is a definite keeper. *?The Advocate*

About the Author

Emeril Lagasse is the chef-proprietor of 12 restaurants across the country. He has received numerous Best Restaurant, Best Chef, and Best Service awards, and in 2013 received the Humanitarian of the Year Award from the James Beard Foundation for his work through the Emeril Lagasse Foundation, which supports children's educational programs. The author of 18 cookbooks, his phenomenally successful Food Network show *Emeril Live!* launched a new era in culinary TV. In 2014, Lagasse participated in his third consecutive season as a main guest chef on Bravo's hit food series, "Top Chef," and joined TNT as co-host for their cooking series, *On the Menu*. Most recently, "Emeril's Florida" entered its third season in January 2015 on the Cooking Channel. Born and raised in Fall River, Massachusetts, he is a graduate of Johnson & Wales.

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