



The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)

By Nadim Saad

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Raising happy, confident children is a challenging undertaking. Working parents also battle with time pressure and the guilt of being away from their children. Through a series of **practical tools**, parenting coach Nadim Saad, **shows time-poor parents how to radically improve family life by applying the best practice from parenting and leadership.** It **provides step-by-step solutions to deal effectively with typical parenting challenges** such as lack of cooperation, whining and arguing, homework battles, tantrums and many more.

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The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual) By Nadim Saad Bibliography

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Editorial Review

Review

'Work-life balance sounds great on paper. In practice it's about promises made to those we value most, and ourselves, too. How easy it is not to fulfil those promises. Nadim Saad's book offers **sensible and practical solutions for working parents, and some great tips for bringing up happy, balanced kids.**' -- *John Lees* (author of *How to Get a Job You Love*)

'With more children than ever being brought up in households where both parents work, **there is a real need for practical resources that help working parents enjoy stress-free time with their kids. The Working Parents Guide is clearly-laid-out and it is full of tips and tools that will help parents balance work and family time successfully.**' -- *Tanith Carey* (author of *Mum Hacks, Taming the Tiger Parent and Girls, Uninterrupted*)

'The Working Parents' Guide is an **invaluable resource for working parents who want to improve their work-life balance and have a more enjoyable family life.** The parallels between leadership and parenting made in the book are inspiring and bring great awareness of our role as parents and leaders. I also really enjoyed the leadership quotes that illustrate each technique in the book. I highly recommend it.' -- *Jérôme Ballarin* (Founder and Chairman of the Observatory of Work-Life balance and Parenthood in Business)

'A great practical guide, full of easy to apply tips that clearly links what we do in our leadership roles with how we manage our children' -- *Kirstie Sneyd* (Executive coach and Parentgym Facilitator)

'Nadim Saad has created a well structured, user friendly and most importantly, **effective manual that gets to the heart of the issues that impact real families. Bite-sized chapters and an accessible style of writing will enable parents to dip in and out according to the particular needs of their situation and without feeling preached to (something no parent wants).** This is a book that will certainly be informing my own work with families' -- *Gary Leboff* (Performance Psychologist and author of *Dare*)

'As a parent, educator and adviser on strategic leadership, this book really resonated with me. **The self-leadership concepts are relevant when parenting and also in our own development as grown-ups**' -- *Michael Kouly* (CEO and President of the Cambridge Institute for Global Leadership)

'**This book is excellent and a must read: the only book needed for both the home and the office**' -- *Kristina Landa* (Naturopathic Doctor)

From the Author

As I was researching the science of Parenting, I realised some incredible parallels with the science of leadership. In reality, being a good leader at work is actually very similar to being a good leader at home. This book draws parallels between the best practice in leadership and the best practice in parenting to help working parents raise happy and confident children who thrive.

About the Author

Nadim is a working father of three and the co-author of five books including the highly acclaimed *Kids Don't Come With a Manual*. A serial entrepreneur with an MBA from INSEAD, Nadim has a wealth of experience in leadership, having founded and expanded companies in three continents. He is passionate about sharing the

transformative parenting tools that transformed his own family life and the life of thousands of parents who have been coached through Best of Parenting (bestofparenting.com).

Users Review

From reader reviews:

Donna Jennings:

This *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* book is simply not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book will be information inside this guide incredible fresh, you will get info which is getting deeper an individual read a lot of information you will get. This *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* without we know teach the one who examining it become critical in thinking and analyzing. Don't always be worry *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* can bring if you are and not make your bag space or bookshelves' grow to be full because you can have it in the lovely laptop even telephone. This *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* having good arrangement in word along with layout, so you will not truly feel uninterested in reading.

Sarah Fernandez:

Your reading 6th sense will not betray anyone, why because this *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* book written by well-known writer whose to say well how to make book that can be understand by anyone who have read the book. Written inside good manner for you, still dripping wet every ideas and creating skill only for eliminate your current hunger then you still doubt *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* as good book but not only by the cover but also by the content. This is one book that can break don't judge book by its cover, so do you still needing an additional sixth sense to pick that!? Oh come on your reading sixth sense already said so why you have to listening to another sixth sense.

Kathleen Allen:

This *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* is great reserve for you because the content which can be full of information for you who always deal with world and possess to make decision every minute. This kind of book reveal it data accurately using great organize word or we can claim no rambling sentences inside. So if you are read this hurriedly you can have whole info in it. Doesn't mean it only will give you straight forward sentences but hard core information with attractive delivering sentences. Having *The Working Parents' Guide: To Raising Happy and Confident Children (Kids Don't Come with a Manual)* in your hand like finding the world in your arm, details in it is not ridiculous one. We can say that no book that offer you world with ten or fifteen tiny right but this e-book already do that. So , this is good reading book. Hi Mr. and Mrs. occupied do you still doubt which?

Tyler Smith:

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