



Adaptation to Life

By George E. Vaillant

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Between 1939 and 1942, one of America's leading universities recruited 268 of its healthiest and most promising undergraduates to participate in a revolutionary new study of the human life cycle. George Vaillant, director of this study, took the measure of the Grant Study men. The result was the compelling, provocative classic, *Adaptation to Life*, which poses fundamental questions about the individual differences in confronting life's stresses.

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Editorial Review

About the Author

George E. Vaillant is Professor of Psychiatry at Harvard Medical School.

Users Review

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The book Adaptation to Life will bring you to definitely the new experience of reading some sort of book. The author style to describe the idea is very unique. Should you try to find new book to study, this book very acceptable to you. The book Adaptation to Life is much recommended to you to learn. You can also get the e-book through the official web site, so you can easier to read the book.

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