



Hemi-Sync Meditation

By Monroe Products

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Discover and explore higher states of consciousness with Hemi-Sync®. The deeply relaxing sound patterns of *Hemi-Sync® Meditation* will gently lead you into powerful, free-flow explorations. Turn inward and connect with higher aspects of your Self with this extraordinary meditative tool. *Hemi-Sync® Meditation* will leave you centered, focused and totally refreshed. (Non-verbal; 45 min.) Mind Food Series

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Editorial Review

About the Author

Monroe Product's binaural beat CDs can help you experience enhanced mental, physical, and emotional states.

Robert Monroe's work inspired an entire industry of mind/brain products. After 50 years of research, and thousands of lab sessions, the internationally acclaimed patented Hemi-Sync® process remains unparalleled in its ability to assist us in harnessing our human potential.

Thanks to the cooperation of notable medical institutions and universities, the scientifically and clinically proven Hemi-Sync® technology continues to be the focus of a variety of specialized research projects. In addition, many therapists, physicians, educators, and other professionals use Hemi-Sync® extensively.

Such research is indispensable in revealing the influence of specific Hemi-Sync® sound patterns on consciousness. Over the years, these efforts have resulted in the development of scores of individual products for specific applications such as focused attention, stress management, meditation, sleep enhancement, and pain management, to name a few.

Users Review

From reader reviews:

Patricia Joyner:

What do you think about book? It is just for students since they are still students or the idea for all people in the world, what best subject for that? Only you can be answered for that problem above. Every person has several personality and hobby per other. Don't to be forced someone or something that they don't wish do that. You must know how great and also important the book Hemi-Sync Meditation. All type of book can you see on many resources. You can look for the internet methods or other social media.

Carlton Solley:

Reading a book being new life style in this calendar year; every people loves to examine a book. When you examine a book you can get a wide range of benefit. When you read textbooks, you can improve your knowledge, simply because book has a lot of information upon it. The information that you will get depend on what forms of book that you have read. If you would like get information about your research, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, these us novel, comics, as well as soon. The Hemi-Sync Meditation provide you with a new experience in reading through a book.

Stella Neal:

What is your hobby? Have you heard this question when you got students? We believe that that query was given by teacher for their students. Many kinds of hobby, All people has different hobby. Therefore you know that little person such as reading or as reading become their hobby. You have to know that reading is very important as well as book as to be the point. Book is important thing to provide you knowledge, except your own teacher or lecturer. You get good news or update about something by book. A substantial number of sorts of books that can you choose to use be your object. One of them is niagra Hemi-Sync Meditation.

Mark Klein:

A lot of people said that they feel fed up when they reading a guide. They are directly felt the item when they get a half areas of the book. You can choose the book Hemi-Sync Meditation to make your current reading is interesting. Your personal skill of reading ability is developing when you similar to reading. Try to choose simple book to make you enjoy to learn it and mingle the sensation about book and looking at especially. It is to be very first opinion for you to like to available a book and learn it. Beside that the e-book Hemi-Sync Meditation can to be your new friend when you're really feel alone and confuse in what must you're doing of their time.

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