



The Journal of Daily Renewal: The Companion to Make the Connection

By Bob Greene, Oprah Winfrey

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A spiral-bound journal allows readers to keep a record of their feelings and own progress in their daily exercise program, and includes daily inspirational quotes, plus a check-off list of accomplishments.

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The Journal of Daily Renewal: The Companion to Make the Connection By Bob Greene, Oprah Winfrey Bibliography

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