



# Becoming an Occupational Therapist: Is Occupational Therapy Really the Career for You?

*By Cath Wright, Chris Mckenna*

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According to the College of Occupational Therapists, “Occupational therapists help people engage as independently as possible in the activities (occupations) which enhance their health and wellbeing”. This book provides a practical approach for those considering occupational therapy as a career. Dispelling the myths about occupational therapy, Chris McKenna and Cath Wright explore current practice and introduce the reader to a range of innovations in modern occupational therapy training and practice.

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### **Editorial Review**

#### About the Author

Chris McKenna is the Programme Leader of MSc Occupational Therapy (pre-registration) for the School of Health & Social Care at Teesside University and has interviewed potential occupational therapy students for over 10 years. Chris helps occupational therapists understand and use occupational therapy theory. Current areas of interest are the work ethic and individual motivation and OT perspectives on inter-professional working.

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