



The Beginners Guide to Making Your Own Essential Oils & The Beginners Guide To Medicinal Plants (Essential Oils Box Set) (Volume 15)

By Lindsey P

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The Beginners Guide to Making Your Own Essential Oils: Complete Guide to Making Your Own Essential Oils from Scratch & To Improve Your Health and Well-Being (Limited Time Bonus Inside) + The Beginners Guide to Medicinal Plants: Everything You Need to Know About the Healing Properties of Plants & Herbs, How to Grow and Harvest Them Making essential oils: Always confused because no one really has anything on actually making essential oils? Why every book just goes into the history of essential oils and skips the part of actually making the basic essential oil? Well this book goes one step further besides providing a history of essential oils! Its focus is on giving you the foundation of making essential oils at home and from scratch! That's right! From Scratch! **Check out whats included...**

- What Are Essential Oils
- An Easy Way To Make Your Own Essential Oil At Home
- How To Make Your Own Essential Oil At Home Through Distillation
- How To Use Oil To Extract Essential Oil
- Essential Oils: Uses And Benefits
- List Of Essential Oils And Their Uses
- Much, much more!

Medicinal Plants Growing medicinal plants and herbs indoor is a popular hobby for a lot of gardeners. One of the greatest reasons to plant medicinal plants indoor is to have a ready supply of these beneficial herbs. These herbs are those that you commonly snip into your sauces and soups. They can also be used to soothe an itchy rash or cough. Growing medicinal herbs may not sound to be very appealing, however you can benefit from growing these plants that can provide instant relief for many illnesses that can happen anytime of the day. So what kind of medicinal plants should you grow? This book features a lists of different herbs and medicinal plants that you can grow at home. The list is just a good starting point for easy to find and easy to grow herbs. So start growing

*your own plants so you can make your own medicine and stop using hazardous products! **Here Is A Preview Of Whats Inside...***

- Guide to Growing a Medicinal Herb Garden
- Easy Guide to Successfully Grow Herbs and Medicinal Plants at Home
- The Best Medicinal Plants to Grow at Home
- Know the Ten (10) Most Common Herb and Medicinal Garden Mistakes and How to Avoid Them
- Much, much more!

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Editorial Review

About the Author

Hi, I'm Lindsey P. I am a proud wife and stay at home mom. After my first child was born, I started to focus on the ingredients used in our everyday health and beauty products. The more and more research I did, the more nervous and upset I became towards companies and their lack of care towards consumers. Fast forward two years, shortly after having my second child, I was diagnosed with Thyroid Cancer. During my fight against this disease, I began researching possible causes. I soon began to learn just how many harmful ingredients were not identified on product labels. I vowed once I recovered to share my knowledge through my newly established company producing all natural products, that include soaps, balms, bath salts, etc etc. My books are intended to not only educate, but also to share the knowledge and passion that I have gained through my struggles over the last few years. I hope you enjoy my books. Happy reading!

Users Review

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Now a day people who Living in the era just where everything reachable by talk with the internet and the resources inside it can be true or not require people to be aware of each data they get. How people have to be smart in obtaining any information nowadays? Of course the reply is reading a book. Studying a book can help folks out of this uncertainty Information specifically this The Beginners Guide to Making Your Own Essential Oils & The Beginners Guide To Medicinal Plants (Essential Oils Box Set) (Volume 15) book because this book offers you rich facts and knowledge. Of course the information in this book hundred % guarantees there is no doubt in it you probably know this.

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