



The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer

By Jonathan Morris

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FOX News religion analyst, program director of the Catholic Channel on SiriusXM radio, and bestselling author Father Jonathan Morris reveals how the Serenity Prayer offers a sure path to peace and fulfillment for everyone, not just those in recovery programs. The Serenity Prayer states:

*Lord, grant me the serenity to accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.*

Exploring the prayer phrase by phrase, Morris shows the hope that can be found by gaining a deeper spiritual understanding of its words and by practicing its message. Enlightening and profound, *The Way of Serenity* includes moving narratives, illuminating historical anecdotes, and pertinent biblical passages that demonstrate the power of the Serenity Prayer to help us grow closer to God and find greater peace and happiness.

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Bibliography

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Editorial Review

Review

“Father Jonathan Morris explores the richness and depth contained in the seemingly simple Serenity Prayer, and helps show how we can begin to discern God’s will in our lives—as well as how to cooperate with Him! Profound truths presented in an engaging and down to earth style.” (Timothy Cardinal Dolan, Archbishop of New York)

“For believers, *The Way of Serenity* provides a roadmap to peace. For non-believers, Father Morris provides a deep incentive to consider the other side.” (Bill O’Reilly, Anchor, Fox News Channel)

“Rarely in the world of spirituality, do you find smart and compassionate, worldly and sensitive, profound, accessible...and practical! That’s what Father Jonathan Morris has done for people of all Christian backgrounds in *The Way of Serenity*.” (Kirsten Powers, Columnist, USA Today and The Daily Beast)

“Father Jonathan has captured the simplicity and the mystery of both surrendering and actively pursuing the peace and joy that serenity provides. Just the right book at just the right time for people no matter in which season of their life they may be.” (Dana Perino, co-anchor of The Five, Fox News)

“Every leader meets countless challenges in our lives that cause us great stress. In *The Way of Serenity*, Father Morris teaches us a practical way to patiently and wisely discern what we can and cannot do and how to find peace as we give the responsibility to God.” (Alan Sears, President and CEO of Alliance Defending Freedom)

“With vivid writing and engaging personal stories, Father Jonathan Morris unpacks the wealth of wisdom contained in the simple Serenity Prayer. *The Way of Serenity* is a lifeline for anyone who has ever felt lost and overwhelmed.” (Jennifer Fulwiler, author of *Something Other than God*)

“Jonathan Morris is an unusual priest, not just because he’s become the celebrity go-to priest for Fox News... and because *The Way of Serenity* will debut on The New York Times bestseller list. He’s unusual because so many priests’ sermons ignore what’s happening in the world.” (*Crux*)

“This is a book that can make a difference, one day at a time.” (*The Dubious Disciple*)

“For a conversation about faith with a warm, thoughtful, big-hearted man of God, *The Way of Serenity* was satisfying.” (*Guideposts Magazine*)

“In *The Way of Serenity*, Father Jonathan Morris examines the appeal and value of the popular ‘Serenity Prayer,’ ... [sharing] some profound insight about the simple three-line prayer.” (*Catholic San Francisco*)

From the Back Cover

Father Jonathan Morris, Fox News religion analyst, bestselling author, and parish priest, has seen firsthand how easily our day-to-day lives are consumed with anxiety and stress as we focus on our failures and troubles, while peace feels unattainable. When he re-discovered the Serenity Prayer, he realized that this little prayer can be, in fact, a powerful roadmap for our spiritual journey toward God. As he began to share

this prayer with others, he saw that living these simple lines became a source of profound peace and happiness:

*Lord, grant me the serenity to accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.*

For years a mainstay of recovery programs, this prayer has proven it can change lives. What's more, through it we all can find comfort and support, including an active collaboration with God's grace as he works alongside us to grant the serenity we seek. Unpacking the prayer phrase by phrase, Father Jonathan shows how we can gain a deeper spiritual understanding by practicing its message. Through powerful personal stories, illuminating historical anecdotes, and biblical passages that show us God's plan for our lives, *The Way of Serenity* will help us grow closer to God and find serenity, regardless of our circumstances.

Join Father Jonathan and the many others who have made this prayer an integral part of their lives, and find lasting peace and happiness today.

About the Author

Father Jonathan Morris is a Catholic priest in the Archdiocese of New York and serves as program director of The Catholic Channel on SiriusXM. He is also an analyst for the Fox News Channel and serves in Campus Ministry at Columbia University. His books include *The Promise: God's Purpose and Plan for When Life Hurts* and *God Wants You Happy*.

Users Review

From reader reviews:

Hazel Polk:

Now a day individuals who Living in the era everywhere everything reachable by connect with the internet and the resources inside it can be true or not call for people to be aware of each details they get. How many people to be smart in receiving any information nowadays? Of course the solution is reading a book. Studying a book can help persons out of this uncertainty Information specifically this *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer* book as this book offers you rich info and knowledge. Of course the data in this book hundred pct guarantees there is no doubt in it you probably know this.

Timothy McKinney:

Reading a book tends to be new life style within this era globalization. With reading through you can get a lot of information that will give you benefit in your life. With book everyone in this world can easily share their idea. Publications can also inspire a lot of people. Plenty of author can inspire their own reader with their story or perhaps their experience. Not only the storyline that share in the ebooks. But also they write about the information about something that you need illustration. How to get the good score toefl, or how to teach children, there are many kinds of book that exist now. The authors nowadays always try to improve their ability in writing, they also doing some investigation before they write with their book. One of them is this *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer*.

Daniel Downey:

Why? Because this *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer* is an unordinary book that the inside of the e-book waiting for you to snap it but latter it will shock you with the secret the item inside. Reading this book alongside it was fantastic author who write the book in such remarkable way makes the content inside easier to understand, entertaining way but still convey the meaning entirely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of advantages than the other book include such as help improving your expertise and your critical thinking way. So , still want to postpone having that book? If I had been you I will go to the guide store hurriedly.

John Razo:

Some people said that they feel weary when they reading a guide. They are directly felt this when they get a half elements of the book. You can choose often the book *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer* to make your personal reading is interesting. Your own personal skill of reading expertise is developing when you such as reading. Try to choose very simple book to make you enjoy to learn it and mingle the feeling about book and reading especially. It is to be very first opinion for you to like to available a book and study it. Beside that the e-book *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer* can to be your friend when you're truly feel alone and confuse using what must you're doing of these time.

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