



Free Spirit Coloring Book (Coloring Is Fun)

By Thaneeya McArdle

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Enter a world of creative self-expression with this relaxing coloring book for grownups. Inside you'll find 30 amazing art activities that will take you on a limitless journey of patterning, shading, and coloring. These whimsical images offer a easy way to de-stress and unleash your inner artist. Thaneeya McArdle's transcendental art explores a visual language of shape, form, line, and color. Each vibrantly detailed illustration is designed to exercise your creativity. Beautifully colored finished examples are provided, along with a handy guide to basic art techniques, from patterning and combinations to shading and color theory. This therapeutic coloring book is perfect for decorating with markers, colored pencils, gel pens, or watercolors. Printed on high-quality, extra-thick paper that won't bleed through, all of the pages are pre-perforated for easy removal and display."

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Editorial Review

From the Back Cover

Follow Your Heart and Color Your Dreams

Welcome to the *Free Spirit Coloring Book*! I'd like to invite you to come inside and play with doodles, shapes, and patterns. Coloring and patterning are relaxing, meditative activities that encourage self-expression, sending you on a creative adventure. I hope that you'll use each of these pages as a launching pad to spark your creativity and unleash your inner artist.

Inside you'll find 30 whimsical art activities that step to the beat of a different drummer. From magic lamps and unicorns to dance shields and teepees, these delightful daydreams will tempt you to go your own way with carefree color. I've provided plenty of coloring suggestions, but there is no right way or wrong way to complete these adventurous visions.

Each illustration is perfect for decorating with markers, colored pencils, gel pens, watercolors, or crayons. *Free Spirit Coloring Book* is printed on high-quality, extra-thick paper to eliminate bleed-through, and each page is pre-perforated for easy removal and display.

Happy art making!
Thaneeya

Praise for Thaneeya McArdle:

"The information...about color and patterning theory and techniques is presented in a particularly concise and clear way."

--HELLO HAPPY

About the Author

Professional artist Thaneeya McArdle is the creator of 30 bestselling coloring books from Fox Chapel Publishing. Based in Florida, she works in painting, drawing, and mixed media, with a special focus on vibrantly detailed whimsical art. Thaneeya (pronounced "tuh-nee-yuh") operates Art-Is-Fun.com, an art instruction website that has received over 32 million pageviews and counting. You can view every coloring page from Thaneeya's coloring books on her website, Thaneeya.com, where you can see slideshows of every book.

Users Review

From reader reviews:

David Williams:

As people who live in the particular modest era should be update about what going on or details even knowledge to make these individuals keep up with the era which can be always change and make progress. Some of you maybe will probably update themselves by studying books. It is a good choice for you personally but the problems coming to you is you don't know which you should start with. This Free Spirit Coloring Book (Coloring Is Fun) is our recommendation so you keep up with the world. Why, since this

book serves what you want and need in this era.

Martha Robertson:

Free Spirit Coloring Book (Coloring Is Fun) can be one of your beginner books that are good idea. We recommend that straight away because this book has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining but delivering the information. The author giving his/her effort to place every word into delight arrangement in writing Free Spirit Coloring Book (Coloring Is Fun) yet doesn't forget the main stage, giving the reader the hottest along with based confirm resource details that maybe you can be certainly one of it. This great information may drawn you into new stage of crucial pondering.

Thomas Garrett:

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