

Moosewood Restaurant Favorites: The 250 Most-Requested, Naturally Delicious Recipes from One of America's Best-Loved Restaurants

By *The Moosewood Collective*

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Moosewood Restaurant, founded in 1973, revolutionized vegetarian cooking by introducing delicious soups, satisfying sandwiches, warming casseroles, zesty entrees, spiffy salads, and divine desserts. *Moosewood Restaurant Favorites* contains 250 of their most requested recipes completely updated and revised to reflect the way they're cooked now-increasingly vegan and gluten-free, benefiting from fresh herbs, new varieties of vegetables, and the wholesome goodness of newly-rediscovered grains.

This mouthwatering cookbook includes favorites like:

- Red Lentil Soup with Ginger and Cilantro
- Sweet-Potato and Black Bean Burrito
- The Classic Moosewood Tofu Burger
- Caramelized Onion Pie
- Peruvian Quinoa Salad
- Confetti Kale Slaw
- Vegan Chocolate Cake
- Moosewood Restaurant Brownies
- Apple Spice Cake with Sesame Seeds

Including a guide to natural-cooking techniques, *Moosewood Restaurant Favorites* is the next classic book on their much-loved cookbook shelf.

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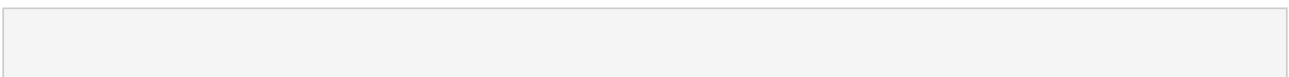
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Editorial Review

From [Booklist](#)

For more than 40 years, Ithaca, New York's Moosewood Restaurant has enjoyed a reputation as the nation's premier vegetarian restaurant. The collective of dedicated cooks that runs the restaurant may have changed across the decades, but its dedication has expanded beyond simple vegetarianism to organic and locally sourced ingredients as well. This collection of some of Moosewood's cooks' and customers' most admired recipes has something for just about everyone. There are stuffed vegetables and casseroles to star as centerpieces of company-coming dinners. Bean dishes derive from Mexican, Greek, Basque, and Caribbean sources. Burritos and strudels offer hand-held food for on-the-go eating. An entire garden of vibrantly colored fresh vegetables adorns pasta primavera. Moosewood gives in to nonvegetarian cooking with a goodly selection of fish recipes providing some alternatives to a rigorously nonanimal regimen. For the sweet tooth, Moosewood supplies cookies, brownies, cakes, pies, and even baklava. --Mark Knoblauch

Review

"When seeking a marker of the changes in the cookbook market over the last 40 years, one need look no further than Ithaca, New York." ?*Publishers Weekly*

"Well-done, Moosewood! You have become a beloved part of American cultural history and morphed into a truly national institution that most of us know through the cookbooks that have emerged. One after the other, those enticing combinations of delicious recipes and lively prose have borne witness to Moosewood's most compelling idea: "community" - that harmonious feeling among a group of people that takes place in the kitchen and at the table as we share a commitment to good food and being together. *Moosewood Restaurant Favorites* will introduce a new generation to a beloved institution and call up happy memories of meals and recipes over the years." ?*Nancy Harmon Jenkins, author of The New Mediterranean Diet Cookbook, The Essential Mediterranean and many others*

"As any experienced cook knows, extracting the savor of vegetables, completely without meat, presents its own special difficulties. Fortunately, the Moosewood collective has succeeded in meeting those challenges and produced a fine book of direct and simple recipes, each with its own savory twists. This thorough book will delight vegetarians and non-vegetarians alike and will become a cornerstone in any cook's library. In short, Moosewood has elevated meatless cooking to the level of great cuisine and artfully showcases vegetarian cooking at its finest." ?*James Peterson, author of 15 cookbooks and winner of 7 James Beard Awards*

About the Author

THE MOOSEWOOD COLLECTIVE has nineteen members who share responsibilities and participate in the various jobs necessary to run what has grown from a very small natural foods restaurant to a larger and more diversified company. Some members have worked for the restaurant since it was founded in 1973.

Users Review

From reader reviews:

Greg Wilson:

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Darius Cramer:

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Margaret Parker:

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