



SECRET CHINESE PRACTICES TO STOP HAIR LOSS AND GROW THE HAIR BACK: Chinese Health Preservation Series Books - Book One (Health and Youth Preservation Series Books 1)

By DONGLI JUYOU

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SECRET CHINESE PRACTICES TO STOP HAIR LOSS AND GROW THE HAIR BACK: Chinese Health Preservation Series Books - Book One (Health and Youth Preservation Series Books 1) By DONGLI JUYOU

Change an angle to find out the reasons of hair loss? Most of the hair loss prevention books in the markets are based on Western Medical theory. Have you ever change your viewing angle to Eastern Culture? Chinese traditional medicine is the most mysterious culture in East. It is a completely different medical system comparing with western medical system. A lot of diseases cannot find the treatment in Western medicine but being cured by Chinese traditional medicine. Are you suffering or worried about the alopecia and gray hairs? If so, I strongly recommend you read this book. You will find the real reason of the hair loss and get advice from the book.

Traditional Chinese medicine (TCM) explained that nutritional alopecia is the manifestation of the physical condition of the body. Noxious heat in the blood system, malnutrition and pathobolism can cause abnormal hair, hair color change, severe malnutrition of hair follicle, and even lead to hair diffuse alopecia, also called Nutritional alopecia.

Hair loss, dry thinning hairs, and bifurcation are the sub-health performances. It is a warning signal of human premature aging. This cannot be overlooked and must be treated early. Traditional Chinese Medicine (TCM) studies have proven that the essence (Yin), Qi(Yang) and blood deficiency, liver and kidney damage, and viscera imbalance are the primary reasons for hair loss. Weak kidneys can lead to hair loss and gray hair.

This book will explore the root of the problems for the nutritional alopecia and the effective methods for hair loss prevention by using traditional Chinese practices. At the same time, this book introduced seven simple food recipes to prevent hair loss, the most practical way to prevent gray hair and five simple remedies for treatment of gray hair. Lastly, this book will introduce two secret

Recipe for baldpate including whole alopecia and eight traditional Chinese natural shampoo and conditioner recipes.

I am confident that as long as you follow the guide and instructions of this book, most hair loss can be cured. This book will change your life! For the friends who are suffering hair loss and gray hair, what are you waiting for?

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