



Evidence-Based Rehabilitation: A Guide to Practice, 2nd Edition

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The rehabilitation profession's best-selling text that provides step-by-step guidance for evidence-based practice has been updated into an expanded ***Second Edition***.

Written specifically for students and practitioners in both occupational and physical therapy, ***Evidence-Based Rehabilitation: A Guide to Practice, Second Edition*** focuses on building knowledge through specific learning.

Drs. Mary Law and Joy MacDermid are joined by 17 of today's leading rehabilitation professionals to teach readers how to become critical consumers of research and develop skills to ensure that rehabilitation practice is based on the best evidence that is available.

Evidence-Based Rehabilitation, Second Edition is a comprehensive and well-organized text that provides the most up-to-date information on evidence-based practice, the concepts underlying evidence-based practice, and implementing evidence into the rehabilitation practice. This text is organized by the steps of the process of evidence-based practice—introduction to evidence-based practice, finding the evidence, assessing the evidence, and using the evidence.

Inside the pages of ***Evidence-Based Rehabilitation, Second Edition*** rehabilitation professionals will find that each chapter has been updated to include clinical examples and exercises. Several new chapters include recent examples about systematic reviews, clinical practice guidelines, and knowledge exchange.

Features:

- Designed to fit a standard 3-unit course with 11 to 12 sessions.
- Extensive instructor's manual is available with specific student activities and answers for faculty.
- Critical review forms are included for use by students. These forms have been used by many practitioners and researchers around the world for 8 to 15 years.
- Recognition throughout the book that evidence-based practice in rehabilitation

means bringing together research evidence, clinical reasoning of the therapist, and client values and goals.

Evidence-Based Rehabilitation: A Guide to Practice, Second Edition is an essential resource for students and practitioners to help incorporate the most current and complete evidence-based research into rehabilitation practice.

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Editorial Review

Review

"This book is very comprehensive and easy to read despite the complexity of the subject. It provides clear theory illustrated by concrete examples, practical strategies and tools. Information is presented logically. It highlights the importance of an evidence-based practice; it recognizes that EBP requires much work and must overcome some barriers in clinical settings; and provides concrete ways to achieve this. It is a great one-stop resource, useful for students as well as novice and senior therapists. It would be a great asset to any clinical or academic setting."

— Paulette Guitard, *Canadian Journal of Occupational Therapy*

"Together, they (the authors) have produced a helpful book for any allied health professional. Whether you are enrolled in a class or reading the text on your own, this book is very user-friendly because of its consistency across chapters and lack of repetition, despite many authors. I found reading it through cover-to-cover gave me an overview of where the editors were headed, but if I needed information on a particular subject, such as a statistical measure or a database, it was easily accessible and understandable by going directly to a particular chapter."

— Maggie Fillmore, DPT, PT, FAAOMPT, OCS, *ADVANCE for Physical Therapists & PT Assistants*

"If you are in need of a better understanding of evidence based decision making, the authors offer pertinent information on interpreting and communicating evidence... Dr. Law and Dr. MacDermid have made a major contribution to the professional literature by offering what could be considered a full course for those who need to better understand evidence-based rehabilitation."

— Jay Schleichkorn, PhD, PT, *Dr. Jay's E-Book Reports*

About the Author

Mary Law, PHD, OTReg(Ont), FCAOT, FCAHS is a Professor and Associate Dean (Health Sciences) Rehabilitation Science and associate member of the Department of Clinical Epidemiology and Biostatistics at McMaster University. She holds the John and Margaret Lillie Chair in Childhood Disability Research. Mary, an occupational therapist by training, is Co-Founder of CanChild Centre for Childhood Disability Research, a multidisciplinary research center at McMaster University. Mary's research centers on the development and validation of client-centered outcome measures, evaluation of occupational therapy interventions with children, the effect of environmental factors on the participation of children with disabilities in day to day activities, and transfer of research knowledge into practice. In her educational activities, Mary is involved in teaching the theoretical basis of occupational therapy practice and evidence-based occupational therapy practice in the occupational therapy program, as well as supervising graduate students. Mary is the lead author of the Canadian Occupational Performance Measure, a client-centered outcome measure for occupational therapy, and has written books on client-centered occupational therapy and measurement of occupational performance.

Joy MacDermid, PT, PhD, is an Associate Professor in Rehabilitation Science at McMaster University (Hamilton, ON), and is the Co-director of Clinical Research at the Hand and Upper Limb Centre (London, ON). She is funded as a (physical therapist/epidemiologist) scientist by the Canadian Institutes of Health (CIHR New Investigator). She has published more than 100 articles including systematic reviews, development/evaluation of outcomes measures, clinical trials, knowledge transfer, clinical practice guidelines, and identification of clinical predictors. Her clinical interests are in musculoskeletal pain and disability resulting from upper quadrant disorders and the impact of these disorders on work and subsequent health and quality of life. Joy teaches courses in upper extremity musculoskeletal clinical skills, evidence-based practice, work disability, quality of life, and knowledge exchange and transfer. She is the Vice-President of the American Society of Hand Therapists (ASHT); has twice won its best scientific paper award; and was awarded the Natalie Barr Lecture in 2006, the Philadelphia Hand Meeting Honored Professorship in 2006, and the CIHR Quality of Life Award in 2007. She is an associate editor for *The Journal of Hand Therapy* and *The Journal of Orthopaedic and Sports Physical Therapy* and is the editor for the ASHT Clinical Outcome Assessment Recommendations for the Wrist/Hand.

Users Review

From reader reviews:

Kathryn Patterson:

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