



Facing the Frozen Ocean: One man's dream to lead a team across the treacherous North Atlantic

By Bear Grylls

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Shortlisted for the William Hill Sports Book of the Year Award 2004, this is the compelling account of the most recent

adventure of the bestselling author of *Facing Up*.

It started out as a carefully calculated attempt to complete the first unassisted crossing of the frozen north Atlantic in an open rigid inflatable boat, but it became a terrifying battle against storm-force winds, crashing waves and icebergs as large as cathedrals. Starting from the remote north Canadian coastline, Grylls and his crew crossed the infamous Labrador Sea, pushed on through ice-strewn waters to Greenland and then found themselves isolated in a perfect storm 400 miles from Iceland.

Compelling, vivid and inspirational, *Facing the Frozen Ocean* will appeal to all Bear Grylls' many readers and win him many more.

'An epic story of hardship, friendship and faith' *Daily Telegraph*

'Riveting' *Daily Express*

'Grylls is certainly proof that the age of great explorers has not completely passed us by' *Scotsman*

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Editorial Review

Review

"An epic story of hardship, friendship and faith' Daily Telegraph '[Grylls]' writing allows you to feel you are sitting alongside him on his adventure... I could taste the salt spray in every sentence and the bone numbing chill in every paragraph' Herald Express 'Grylls is certainly proof that the age of great explorers has not completely passed us by.' Scotsman"

About the Author

Bear Grylls spent three years with the British Special Forces. During this time he had a horrendous parachuting accident in southern Africa, breaking his back in three places. Three years later he overcame the odds to become one of the youngest British climbers ever to reach the summit of Mount Everest, and this story forms the basis for his bestselling memoir, Facing Up. Bear Grylls is one of the most successful motivational speakers on the world circuit.

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