

Legally Stoned: 14 Mind-Altering Substances You Can Obtain and Use Without Breaking the Law

By Todd A. Thies PhD

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"A Euphoric, Crazy Trip."--*Amanita muscaria* mushroom user

Everyone can get high...biologically speaking, that is. And it's just plain human nature to want to try it. Although the government stands in the way of this basic right, there are ways around the restrictions. On the road to altered consciousness, there's a perfectly legal route. With each of the fourteen psychoactive substances detailed in this book, you can get high, pass a urine drug test, and never once break the law.

"Totally Clear, Intense Hallucinations For Hours."--Ayahuasca user

Legally Stoned provides a clear, practical guide for obtaining and using fourteen of the easiest to acquire, legal mind-altering agents. It also includes a description and history of each item, its chemistry and physiological reactions, accounts of its pleasures and perils, and any risks associated with it. Here are a few legal substances and their reported impact:

- *Amanita muscaria* mushroom use leads to feelings of euphoria and auditory hallucinations

- *Anadenanthera peregrina/colubrina* seeds have been known to cause intense visions of psychedelic light and color

- Ayahuasca, which originated in South America, often produces visual hallucinations that include the jungle, exotic animals, even ancient native artwork!

"Like Watching A Laser Light Show. . .Next Time I'll Take More."--Colubrina seed user

"Fascinating . . . You are not merely holding a book; you are holding a key to the doors of perception. *Legally Stoned* is far more than an excellent, meticulously-researched sourcebook; it is a highly-readable treasure trove of experiments and experiences." --Kinky Friedman, musician, novelist, and politician

"*Legally Stoned* is a well researched sourcebook for anyone interested in psychoactive substances that are currently legal in the United States. *Legally Stoned* cites scientific research and personal accounts to provide accurate descriptions of each substance's history, physiological effects, and the risks of use. *Legally Stoned* also challenges the rationality of the drug laws by describing the methods people often use to obtain and prepare each substance." --Krystle Cole, www.NeuroSoup.com, author of *Lysergic and After the Trip*

"I refuse to plunge into paranoid speculation why many of the magical and sacred foods of the gods are made illegal and their communicants vilified. Instead, I bless and give thanks for books such as this, and intelligent and courageous souls such as Dr. Thies for their efforts to keep the doors of perception in full view for all of us to see." --Lon Milo DuQuette, author of *My Life with the Spirits and Enochian Vision Magick*


"Todd Thies is the new millennium's Timothy Leary. His book covers the unexplored, mind-blowing universe outside of the DEA's crosshairs with insight and clarity. *Legally Stoned* is a fascinating read, a guided journey down the rabbit hole."--M. Chris Fabricant, author of *Busted! Drug War Survival Skills*

So while wondering what the effects might be for you, just know that you have the option to obtain and use any of these, and many other, means of seeking a new level of awareness. It's completely legal; it's human nature; it's your right. What are you waiting for?

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Editorial Review

About the Author

Todd Thies is a Clinical and forensic psychologist. He received his B.A. in psychology from UCLA and his Ph.D. in clinical psychology from the California School of Professional Psychology in Fresno, California. He conducted research on psychoactive substance use at the Veterans Affairs Hospital in Fresno. He has published research on the psychological factors determining psychoactive substance use and preference. He has worked in several prisons and state hospitals. He has been in private practice in California since 1998, specializing in sexually violent predators and the assessment of dangerousness. He has spent over a dozen years training current and future psychologists, and provides regular workshops for the public on protecting children from sexual predators. He is frequently interviewed on radio and television, and in newspapers, regarding his work with sex offenders and other violent criminals. He has consulted on the movies *Red Dragon* and *Instinct*, and interviewed such notable serial killers as Charles Manson and Juan Carona. He lives in southern California.

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