



# **Playbook for Manhood: A Game Plan for Being a REAL Man (The Complete Version)**

*By Frank DiCocco*

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THE IMPORTANCE OF THE FIRST EVER “PLAYBOOK FOR MANHOOD” - Playbook for Manhood: A Game Plan for Being a REAL Man provides a complete game plan for how to be a REAL Man in today's society. It promotes a message of respect, honor, commitment, and integrity. It is a message that is meant to stand the test of time, and one that all our world's men-especially its young men-very much need to hear. Playbook for Manhood outlines what it means to be a REAL Man, by spelling out The 4 Quarters of Manhood that makeup a REAL man... R-espect all people, E-specially women. A-lways do the right thing. L-ive a life that matters. Playbook for Manhood offers a complete game plan for how to be a REAL Man. Playbook for Manhood is a life-changing and society-shaping book. It goes far beyond anything that has ever been written before. Playbook for Manhood is more than just a manual for being a real man: it is a game plan for successful living. Whether you are a young man, or a man of any age... Playbook for Manhood will offer you the advice to help you lead a successful and meaningful life. WHY THE “PLAYBOOK FOR MANHOOD” IS THE MOST IMPORTANT BOOK OF OUR GENERATION: The “Playbook for Manhood” addresses the most important problem in our society today: the breakdown in the positive developmental process of our world’s young men. The book provides the most important answer to the most important question in our society today: “What does it mean to be a real man?” Playbook for Manhood certainly does this, and therefore, as a result... It very may well be the most important book of our generation. “Playbook for Manhood” – The Complete Version – provides absolutely everything that a man needs to learn how to become a REAL man in today’s society. It includes the entire REAL Man message, and is perfect for every parent, teacher, coach, mentor, and educator. Avid readers and men of all ages will find profound wisdom in the pages of the “Playbook for Manhood.” THE “PLAYBOOK FOR MANHOOD” and “THE REAL MAN PROGRAM” - The “Playbook for Manhood” promotes the message of what it means to be a real man in today’s society—a respectful, respectable, and responsible man. The book contains vital insights and ideas, which every coach, teacher, parent, and young person can benefit from. The “Playbook for Manhood” is available in three versions: 1. The Coaches Version (which has everything a man needs) 2. The Condensed Version (perfect for young men, as well as men of all ages), and 3. The 2-Minute Drill Edition (perfect for middle-school age boys, and for use in group settings) There is also a corresponding Character Education program, entitled “The REAL Man Program.” It is a comprehensive character-education curriculum, consisting of more than 100 lessons that promote positive male-youth development. “The REAL Man Program” comes with “The REAL Man Workbook,” which has more than 100 corresponding exercises and discussion sets. The “Playbook for Manhood” and “The REAL Man Program” are being read and implemented by college and high school coaches across the nation. It currently is used by the National Football League’s Youth Impact Program: a free summer camp for at-risk, inner-city middle school students. The month-long camp teaches academic and character skills, and provides full-contact instruction and competition to campers. In addition, the State of Alabama Alternative Juvenile Detention Program makes use of the REAL Man curriculum. Several prominent college and high school athletics programs also utilize the content of “The REAL Man Program.” THE REAL MAN BRAND – RESOURCES AND MATERIALS “Playbook for Manhood: A Game Plan for Being a Real Man – The COMPLETE Version” “Playbook for Manhood: A Game Plan for Being a Real Man – The Condensed Edition” “Playbook for Manhood: The 2-Minute Drill Edition” “The REAL Man Program” Character-Education Curriculum “The REAL Man Program Workbook” The REAL Man Website:

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### **Editorial Review**

#### **About the Author**

About Coach DiCocco Coach Frank DiCocco has worked with young men and women throughout the country, serving as a coach and mentor to hundreds of young people at the high school and middle school levels. He has coached both football and strength & conditioning within various athletic programs, and has also served as an administrator and department head as well. Coach Frank DiCocco has been blessed to serve our nation's youth in a number of cities over the past several years. He has accumulated extensive leadership experience in the process, coaching the sport of football in some of the nation's most prominent and well-respected high school programs. He currently coaches at William T. Dwyer High School, in Palm Beach Gardens, Florida. Coach DiCocco's career includes additional stops at some of the nation's most prestigious schools and prominent athletics programs, including Godby High School in Tallahassee, Florida; the Rindge and Latin School in Cambridge, Massachusetts; the Fessenden School in West Newton, Massachusetts, Paul VI Catholic High School in Fairfax, Virginia; and South Point High School in Rock Hill, South Carolina. Coach DiCocco graduated from Boston College in 2006, earning a Bachelor of Arts degree in Communications, as well as a Minor in General Education. He is also a 2002 graduate of the Avon Old Farms School, located in Avon, Connecticut. At present, Coach DiCocco is working to complete a Master's degree in Physical Education & Athletic Administration from Winthrop University. Although originally from Connecticut, Coach DiCocco currently maintains a residence in the South Florida area. In addition to his coaching career and website, Frank DiCocco writes a weekly inspirational column espousing life lessons and other important pieces of advice, which he sends to many of his student-athletes, fellow colleagues, friends, and personal associates. The "Thought of the Week" column is sent out via e-mail to hundreds of people across the country each week.

### **Users Review**

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imaginative. When you looking at a book especially hype book the author will bring that you imagine the story how the personas do it anything. Third, you are able to share your knowledge to other individuals. When you read this Playbook for Manhood: A Game Plan for Being a REAL Man (The Complete Version), you could tells your family, friends in addition to soon about yours e-book. Your knowledge can inspire the mediocre, make them reading a publication.

### **Helen McCleary:**

The book untitled Playbook for Manhood: A Game Plan for Being a REAL Man (The Complete Version) is the publication that recommended to you to read. You can see the quality of the book content that will be shown to you. The language that creator use to explained their ideas are easily to understand. The article author was did a lot of investigation when write the book, therefore the information that they share for you is absolutely accurate. You also will get the e-book of Playbook for Manhood: A Game Plan for Being a REAL Man (The Complete Version) from the publisher to make you much more enjoy free time.

### **Donna Hoffmann:**

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