



The Strong, Sensitive Boy

By Ted Zeff

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The Strong, Sensitive Boy By Ted Zeff

Does your son tend to be disturbed by loud noises, violence, and crowds, fearful of new situations, easily hurt by criticism, or hesitant about playing aggressive games?

Your son may be one of the 20 percent of all boys with a finely tuned nervous system. Our sensitive boys tend to be creative, kind, and gentle, appreciating beauty and feeling love deeply. Therefore, it's particularly challenging for sensitive boys to grow up in a culture where boys are taught to act tough, aggressive, and unemotional.

In this groundbreaking book, psychologist Ted Zeff explores the unique challenges of sensitive boys, showing parents, educators, and mentors how to help sensitive boys grow into strong, happy, and confident men. Dr. Zeff offers practical advice on how to help your son increase his self-esteem and thrive in the family, at school, with friends, and in sports.

From the Publisher:

This book is also important for sensitive men to read to help them heal their childhood wounds, learn how to navigate through our aggressive, overstimulating world, and accept themselves as sensitive men. This book is helpful for sensitive women since how society treats sensitive men deeply affects highly sensitive women--and all women close to sensitive males.

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Editorial Review

Review

"Every parent of a sensitive boy should read this book."

-Elaine N. Aron, Ph.D. author of *The Highly Sensitive Person* and *The Highly Sensitive Child*

"*The Strong, Sensitive Boy* offers practical advice and innovative solutions for parents, teachers, and anyone working with sensitive boys. I highly recommend it."

-Michael Gurian, author of *The Wonder of Boys & The Minds of Boys*

"An insightful, important look at the role sensitivity has in true masculine power. A wonderful guide for parents, sons, and educators!"

-Judith Orloff, M.D. author of *Second Sight*

Users Review

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Eva Dawson:

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John Pace:

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